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PERSONALIZED PROGRAMS  
DESIGNED FOR YOU, WITH YOU!

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EAT HEALTHY MENUS

COMMUNE WITH NATURE

STRETCH, RHYTHM, TAI CHI

PAINT, BUILD, MUSIC

RESIDENT COUNCIL

COMMUNITY VOLUNTEERS

MEDITATE, CHURCH

WATCH THE SUNSET

IF YOU HAVE AN INTEREST, WE  
WILL MAKE AN ACTIVITY!

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CALL NOW! ASK FOR OUR

SPECIAL MOVE IN RATE!  
No extra or hidden fees!

**831-320-9916 Call or Text**



WELCOME FROM OUR TEAM

Whether a glass is half full or half empty depends  
on the attitude of the person looking at it.

Seniors and Families! Need help? Looking for someone else to do the cooking, cleaning, medications? Live the life you want. Regular home in a real neighborhood. Our staff is highly skilled and trained to assist you 24/7. You make the choices for your life. Our staff is selected for their positive attitude and intent to learn to be the best they can be. They get initial training of 40 hours and ongoing training in the specialties they enjoy, to help our residents do what they want to do. Think of having six new best friends!

2035 BALDWIN CT, SEASIDE CA 93955

**831-641-7985** MESSAGE ONLY OR

**831-320-9916** NOREEN'S CELL TO TEXT  
OR CALL

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# Good Life

NEIGHBORHOOD RESIDENTIAL HOME

FOR SENIORS



“Do Good and Live Well”

***Just Opened for 6 Seniors***

- ❖ **Independent Living**
  - ❖ **Minimal Assistance**
  - ❖ **Assisted Living**
- Welcome Home!**

2035 Baldwin Court  
Seaside, Ca 93955

GoodLife4Seniors@GoodLifeassistedliving.com  
CaRCFE #275202850

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## Your Administrator/Owner

Noreen Towers, Owner/Administrator  
CaRCFE #6061072740

**831-320-9916** TEXT or CALL



Educator  
Retail Manager  
Real Estate Broker  
Senior Real Estate  
Downsizing Help

Caregiver, 7 years

“Creating Wealth, Security and joy!”

## Help with Your Resources

**Retirement Funds**  
**Annuities and Life Insurance**  
**Estate Planning**  
**Long Term Care**  
**Final Expenses**  
\* **Real Estate Sales**  
**Reverse Mortgages**  
**Rentals**  
**Estate Sales**  
**Financial Services**  
**Downsizing**  
**Moving Services**  
**Elder Law**

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## REWARD YOURSELF

HEALTHY-ACTIVE-CREATIVE LIVES

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### FEED YOUR SPIRIT

Every day is filled with beauty and joy. Deck View.

### CHOOSE TO EAT WELL

Fresh, healthy, locally sourced, usually organic food. Creating menus for a variety of diets according to your needs.

### ENJOY MANY CONVERSATIONS

Residential council meetings plan recreational and education events. Family Dinner is on Sunday. Chef dinners and food trucks are planned for the neighborhood.

### ACTIVE IN THE COMMUNITY

Supporting local businesses, schools and churches with our volunteer programs.

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### SMALL NEIGHBORHOOD HOMES

Our mission is to provide safe, professional and loving care within a comfortable home environment. Our homes are small, 6 or fewer residents, in a residential neighborhood with sidewalks, in a desirable area close to doctors, hospitals, shopping and airports.

### COMMUNICATION

We guide you every step of the way and stay in touch from making the decision to moving day to ensure you know exactly what's going on. Our connections, skills and dedication can help you in many ways, including financial and medical.

### YOUR NEW HOME

Our beautiful home has spacious, comfortable rooms that can accommodate a variety of needs. Every room has a bathroom. Our home operates with three shifts including awake staff who can assist whenever needed. Make new friends!

### LIVE CLOSE TO NATURE

All about the Ocean view. Our outdoor spaces include a back deck with a full ocean view of Monterey Bay. Breathe in the ions. Relax. Sunset dinners. The front patio is a cozy space sheltered from the ocean breezes for morning snacks and quiet reading.

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FAMILY FOCUSED

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HEALTHY FOCUS

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ACTIVE MINDS

INDEPENDENT, LOCALLY  
OWNED & OPERATED.

2035 BALDWIN CT, SEASIDE CA 93955

[WWW.GOODLIFEASSISTEDLIVING.COM](http://WWW.GOODLIFEASSISTEDLIVING.COM)